

**31st Westfield Health British Transplant Games
Medical Certificate
To be completed within six months and submitted NO LATER
than **16th June 2008****

Guidance notes for competitors and transplant medical staff before completing the form:

Competitors

Please ensure the medical certificate is fully completed, listing all medications, and confirming you have been in training in the events listed, and signed by yourself (or guardian <18 years). Medical certificates should then be completed and signed by a consultant or specialist registrar. Please give them these notes with your medical certificate. If you wish for your medical information to remain confidential, the certificate may be placed in a sealed envelope before handing to your team manager. Results should be within six months of the games, but for recent transplantees (less than one year post transplant) within the preceding three months.

Transplant Specialist

Thank you for taking the time to complete the medical certificates for the Transplant Sports Event. I am sure you understand the importance of the competitors being fit and healthy, in order not to put themselves or indeed others, at any unnecessary risks. These events take place for several reasons, one being to promote the benefits of organ transplantation, but at the same time highlight the need for more organ donors. They can attract a great deal of regional and national publicity, and we hope with correct and accurate medical screening, the competitors will attract positive publicity.

These forms should be completed and **signed by a consultant or specialist registrar.**

Results should be within six months of the event, but for recent transplantees (less than one year post transplant) within the preceding three months. We would be grateful for you to bear in mind the following guidelines before signing your patient's medical certificate, confirming he/she is fit to compete in the British Transplant Games

All Transplants

Hb >10gm/dl
Creatinine <300umol/dl (adults) <200umols/l (children)
BP <150/90 (adults) <97th centile (children)

Liver Transplants

LFTS <20% above labs normal values

Heart & Lung Transplants

Good graft function as demonstrated by Echocardiography, angiography, stress ECG (**within the last 2 years**) or lung function studies

Haemopoetic Cell Transplants

WBC >3x10⁹/L Neutrophils >1.5x10⁹/L platelets >80x10⁹/L

Virology

Please indicate any positivity for Hep B, Hep C or HIV (important if competitor has to undergo emergency admission during the games)

Finally please comment on competitors graft function and in your opinion his or her suitability and fitness to compete.

If you have any concerns or queries about your patients, please contact one of our medical advisors, through Mary in the TSUK office - 01962 865030 or office@transplantsport.org.uk

Peter Griffin FRCS Medical advisor TSUK

**British Transplant Games
Medical Certificate**
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NAME:	TEL No:	DOB:
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Transplant Unit:	Team Manager:
Date of Transplant:	Date of Results:
Type of Transplant: (Please circle) Kidney / Heart / Lung / Liver / Stem cell / Small Bowel / Other – Please state	

ALL TRANSPLANTS

Creatinine:	Hb:	BP:
Virology (HIV, Hep B, Hep C): Positive /Negative	Wt:	
Musculo skeletal disorder: Yes / No	Diabetes: Yes / No	
Vision: Normal / Impaired / Blind		

ALLERGIES:

ALLERGIES:
MEDICATION:

LIVER TRANSPLANTS

Bilirubin :	Alk Phos:	ALT:	AST:
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HEART & LUNG TRANSPLANTS

Cardioangiography:
Echocardiography:
Exercise ECG:
Lung Function Tests:

HAEMOPOETIC CELL TRANSPLANTS

WBC:	Neutrophils:	Platelets:
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MEDICAL ADVISORS COMMENTS: (Please comment on graft function & suitability to compete)

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Signature:	Date:	Designation:
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I declare I have been in training for at least 3 months for the following events		
1.	2.	3.
4.	5.	

Signature: _____ Date: _____
(Parent to sign if competitor under 18yrs old)